

**WTC Turkey Trot 10km December 2006**

Pos		Time 5k	Time 10K
<b>1</b>	<b>Carl Loftus</b>	<b>0:20:12</b>	<b>0:41:12</b>
2	Jon Britton	0:21:25	0:44:18
3	Matt Marshal	0:21:51	0:45:08
4	Geoff Turton	0:24:30	0:49:14
5	Richard Mathews	0:25:36	0:50:18
6	Brian Griffiths	0:26:20	0:54:33
7	Steve Clubley	0:26:20	0:54:33

**Festive Fun 5km December 2006**

Pos	Name	Time 5k	
<b>1</b>	<b>Dave Myers</b>	<b>0:21:44</b>	
2	Andy Rawley	0:22:18	
3	Rob Hough	0:22:25	
<b>4</b>	<b>Alison Lysons</b>	<b>0:27:15</b>	<b>1st Female</b>
5	Ellie Baker	0:31:29	
6	Dave Baker	0:31:35	
7	Leona Ritchie	0:32:25	
8	Alan Ritchie	0:32:28	
9	Matt Ritchie	0:33:05	
10	Andy Ritchie	0:33:05	
11	Neil Ritchie	0:33:05	
12	Diane Clubley	0:44:06	
13	Cath Griffiths	0:44:06	
14	Ben Jones	0:46:41	
15	Louise Jones	0:47:03	
16	Louis Norton	0:48:25	
17	Ian Norton	0:48:26	

**Bala September 2006**

Pos.		Swim 1500m	Bike 40k	Run 10k	Total
1	Paul Hawkins (Royles)	00:19:53	00:58:25	00:38:50	01:57:08
183	Andy Rawley	00:32:13	01:06:45	00:47:43	02:26:41
192	Will Machin	00:28:32	01:11:59	00:46:39	02:27:10
280	Ian Norton	00:30:12	01:12:47	00:51:45	02:34:44
411	Paul Cunningham	00:35:04	01:24:44	00:49:17	02:49:05

**Vitruvian September 2006**

Pos.		Swim 1900m	Bike 90k	Run 21k	Total
1	Jonathan Hotchkiss	00:29:53	02:23:26	01:15:44	03:59:06
119	Fergus Wiseman	00:35:25	02:39:16	01:42:26	04:57:27
296	Mark Hughes	00:41:27	02:47:38	01:57:04	05:25:52
469	Dave Molyneux	00:49:44	03:15:08	02:14:52	06:19:46

**Helvellyn September 2006**

Pos.		Swim 1500m	Bike 38 mile	Run 8 mile (3118 feet)	Total
1	Marc Laithwait (endurancecoach.com)	00:22:11	01:51:26	01:22:44	03:36:22
5	Matt Cullen	00:22:09	01:51:28	01:29:37	03:43:15
170	Carl Loftus	00:28:41	02:12:52	02:05:06	04:46:40
203	Phil Love	00:38:14	02:21:03	01:58:12	04:57:29

**Horwich RMI Triathlon August 2006**

Pos.		Swim 800m	Bike 42k	Run 10k	Total
1	M. Elliston (Chorley Tri)	12:11	01:07:14	0:39:00	01:58:29
15	Mark Livingstone	14:05	01:15:22	0:43:02	02:12:29
52	Caroline Hemming	17:39	01:49:03	0:47:56	02:54:38

## Salford Aquathlon Series

### Race 1 - 1st June 2006

Pos		Swim 750m	Run 5k	Total
1	Ian Shackcloth (Royles)	00:10:50	00:18:10	00:29:00
8	Fergus Wiseman	00:14:50	00:19:31	00:34:21
11	Jon Britton	00:13:01	00:21:43	00:34:44

### Race 2 - 22nd June 2006

Pos		Swim 750m	Run 5k	Total
1	Paul Savage (Royles)	00:11:44	00:16:57	00:28:41
7	Jon Britton	00:12:40	00:19:03	00:31:43
17	Fergus Wiseman	00:15:01	00:21:35	00:36:36
24	Neil Adair	00:18:04	00:20:09	00:38:13

### Race 3 - 13th July 2006

Pos		Swim 750m	Run 5k	Total
1	Chris Wood	00:11:50	00:17:02	00:28:52
6	Jon Britton	00:13:05	00:18:43	00:31:48
20	Neil Adair	00:18:11	00:19:31	00:37:42

### Race 4 - 3rd August 2006

Pos		Swim 750m	Run 5k	Total
1	Ian Shackcloth (Royles)	00:10:43	00:17:55	00:28:38
4	Jon Britton	00:11:56	00:18:55	00:30:51
5	Fergus Wiseman	00:13:13	00:19:31	00:32:44
16	Neil Adair	00:16:24	00:20:01	00:36:25

### Race 5 - 24th August 2006

Pos		Swim 750m	Run 5k	Total
1	Lee Cook	00:12:04	00:16:44	00:28:48
9	Jon Britton	00:12:33	00:19:45	00:32:18
17	Fergus Wiseman	00:14:40	00:19:56	00:34:36
31	Neil Adair	00:17:40	00:20:09	00:37:49

### Warrington Sprint Tri (Club Sprint Champs)

Pos		Swim 400m	Bike 20K	Run 5K	Total
1	Nick Riding	00:05:33	00:36:33	00:18:43	1:00:49
2	Mark Livingstone	00:07:01	00:38:41	00:18:55	1:04:37
3	Maria Barrett	00:05:21	00:42:25	00:18:07	1:05:53
4	Carl Loftus	00:07:39	00:38:12	00:20:09	1:06:00
5	David Myers	00:07:41	00:37:54	00:21:29	1:07:04
6	Mark Hughes	00:07:13	00:40:18	00:21:57	1:09:28
7	Will Machin	00:07:04	00:41:54	00:20:59	1:09:57
8	Brian Griffiths	00:08:07	00:40:18	00:23:26	1:11:51
9	Ian Norton	00:07:35	00:41:45	00:23:00	1:12:20
10	Geoff Turton	00:07:14	00:41:13	00:24:53	1:13:20
11	Wendy Waters	00:08:15	00:45:20	00:23:13	1:16:48
12	Donald Reid	00:07:32	00:45:00	00:24:51	1:17:23
13	Helen Thomson	00:08:57	00:43:31	00:26:45	1:19:13
14	Caroline Hemming	00:09:29	00:49:51	00:20:54	1:20:14
15	Mark Walker	00:08:41	00:44:09	00:32:08	1:24:58
16	Phil Love	00:10:45	00:53:09	00:21:33	1:25:27
17	Mark Jones	00:07:49	00:48:56	00:37:39	1:34:24
18	Mike Jones	00:08:34	00:58:41	00:33:00	1:40:15
DNF	Andy Rawley	00:08:27	00:38:59		DNF
DNS	Mark Green	DNS			
DNS	Robert Hough	DNS			
DNS	Jon Britton	DNS			

**Wensleydale Half August 2006**

Pos		Swim 1.8M	Bike 42M	Run 12M	Total
1	Steven Lord	00:33:59	02:25:00	01:36:50	04:35:49
16	Martyn Gronendaal	00:43:02	02:35:04	02:05:13	05:23:19
21	Carl Loftus	00:47:59	02:55:27	01:57:12	05:40:0

**Denbigh August 2006**

Pos		Swim 400m	Run 5k	Bike 24k	Total
1	Gary Prosser	0:05:44	0:19:26	0:37:05	1:02:15
47	Mark Hughes	0:08:26	0:25:05	0:43:45	1:17:16
79	Geoff Turton	0:07:03	0:28:19	0:45:00	1:20:22
86	Rob Hough	0:06:46	0:25:13	0:49:04	1:21:03
104	Wendy Waters	0:07:46	0:27:22	0:49:00	1:24:08
167	Sean McCann	0:09:18	0:27:02	0:57:28	1:33:52
191	Mike Jones	0:08:21	0:40:06	0:52:02	1:41:12

**Salford July 2006**

Pos.		Swim 1500m	T1	Bike 40K	T2	Run 10K	Total
1	Doug Clark	00:22:45	00:00:23	00:58:45	00:01:49	00:35:11	01:58:53
9	Matt Cullen	00:23:25	00:00:21	01:01:19	00:01:41	00:37:22	02:04:08
43	Jon Britton	00:22:57	00:00:28	01:08:25	00:01:59	00:41:29	02:15:19
117	Andy Rawley	00:33:20	00:00:26	01:07:24	00:02:14	00:44:09	02:27:33
180	Neil Adair	00:31:25	00:00:28	1:08:50*	0:11:43*	00:43:39	02:36:05
243	Richard Mathews	00:31:24	00:00:30	01:18:11	00:03:27	00:51:22	02:44:54
284	Gerard Loudon	00:38:42	00:00:33	01:18:50	00:03:15	00:53:34	02:54:53
287	Rhys Billington	00:34:17	00:00:34	01:20:08	00:02:21	00:58:18	02:55:38
311	Peter Loudon	00:44:45	00:00:34	01:22:02	00:03:23	00:52:41	03:03:24

Pos.		Swim 750m	T1	Bike 20k	T2	Run 5k	Total
1	Andrew Lett	00:18:54	00:00:31	0:31:24*	00:02:32	0:10:36*	1:03:57*
38	Rob Hough	00:14:01	00:00:25	00:37:35	00:01:56	00:20:53	01:14:50
42	Paul Harbidge	00:14:27	00:00:24	0:27:47*	0:10:20*	00:22:42	01:15:41
69	Ian Norton	00:16:16	00:00:26	0:27:58*	0:10:46*	00:23:29	01:18:56
100	Pete Swift	00:19:57	00:00:30	00:37:23	00:01:58	00:22:30	01:22:18
105	Phil Love	00:19:41	00:00:30	00:37:29	00:03:13	00:21:42	01:22:34

**Ironman Austria July 2006**

Pos		Swim 3800m	Bike 180k	Run 42k	Total
1	Norbert Langbrandtner	00:47:59	04:27:07	02:49:23	08:07:59
1111	Fergus Wiseman	01:06:40	06:01:02	04:22:36	11:53:07
1861	Neil Harrison	01:40:52	06:19:14	05:55:19	14:13:33

**Chester Deva Divas July 2006**

Pos		Swim 750m	Bike 16km	Run 5km	Total
1	Samantha Wilson	00:10:47	00:31:25	00:20:53	01:03:05
27	Wendy Waters	00:14:56	00:36:27	00:23:19	01:19:20
60	Helem Thomson	00:18:40	00:35:16	00:26:00	01:19:20
85	Pam Kay	00:14:50	00:40:09	00:28:53	01:23:52

**Boundary Breeze (BTA North West Sprint Distance Champs) July 2006**

Pos		Swim 750m	Bike 23k	Run 5k	Total	
1	Matt Cullen	00:10:47	00:36:21	00:17:15	01:04:23	1st in Cat
3	Nick Riding	00:10:19	00:35:24	00:19:38	01:05:21	2nd in Cat
12	Jon Britton	00:10:40	00:39:55	00:19:11	01:09:46	1st in Cat
21	Steve Daintith	00:12:40	00:37:06	00:22:13	01:11:59	
23	Martijn Groenendaal	00:13:16	00:38:18	00:20:46	01:12:20	
25	Mark Livingston	00:14:05	00:39:05	00:19:28	01:12:38	3rd in Cat
41	Richard Fontana	00:14:36	00:39:41	00:20:53	01:15:10	
56	Andy Rawley	00:16:02	00:40:01	00:20:49	01:16:52	
58	Malcolm Flannery	00:13:58	00:42:11	00:20:55	01:17:04	
75	Paul Harbidge	00:13:58	00:42:13	00:22:44	01:18:55	
78	Robert Hough	00:13:13	00:44:43	00:21:33	01:19:29	
88	Nicholas Turner	00:14:49	00:46:33	00:19:07	01:20:29	
96	Brian Griffiths	00:15:29	00:42:49	00:23:05	01:21:23	
124	Ian Norton	00:15:31	00:44:08	00:24:53	01:24:32	
134	Mark Green	00:15:56	00:45:24	00:24:08	01:25:28	
139	Donald Reid	00:16:14	00:46:20	00:24:13	01:26:47	
151	Wendy Waters	00:14:23	00:48:38	00:25:03	01:28:04	1st in Cat
215	Michael Jones	00:22:29	00:48:02	00:36:08	01:46:39	

**Chester (BTA North West Standard Distance Champs) June 2006**

Pos		Swim 1500m	T1	Bike 40k	T2	Run 10k	Total time
1	Paul Hawkins (Royles)	00:20:03	00:00:48	01:01:03	00:00:29	00:36:14	01:58:38
8	Matt Cullen	00:22:48	00:00:49	01:03:22	00:00:30	00:36:34	02:04:05
19	Richard Stead	00:20:43	00:01:13	01:08:00	00:00:41	00:40:25	02:11:04
41	Fergus Wiseman	00:26:00	00:00:56	01:07:40	00:00:53	00:41:06	02:16:36
43	Jonathan Britton	00:22:37	00:00:59	01:10:47	00:00:49	00:41:34	02:16:47
3	Maria Barrett (1st in Cat)	00:20:43	00:00:50	01:17:22	00:00:37	00:37:33	02:17:07
126	Andy Rawley	00:31:02	00:01:51	01:09:46	00:00:48	00:44:16	02:27:46
200	Geoff Turton	00:27:45	00:02:42	01:14:34	00:00:53	00:49:11	02:35:08
225	Brian Griffiths	00:30:22	00:02:14	01:14:58	00:01:21	00:48:31	02:37:29
239	Phil Love	00:37:54	00:02:46	01:12:14	00:02:04	00:44:29	02:39:28
266	Richard Mathews	00:30:16	00:03:09	01:20:04	00:01:35	00:49:10	02:44:16
363	Rhys Billington	00:35:17	00:02:00	01:25:30	00:01:00	01:02:11	03:05:59
DNF	Neil Harrison	00:34:57	00:01:09	01:08:22	00:00:59		

**Mold June 2006**

Pos	Name	Swim 400m	Bike 25k	Run 5k	Total
1	Stephen Clark (East Fife Tri)	00:05:35	00:42:58	00:15:06	01:03:39
8	Mark Livingston	00:06:14	00:45:36	00:16:27	01:08:17
88	Robert Hough	00:06:54	00:55:32	00:18:37	01:21:03
208	Nigel Barratt	00:07:55	01:03:48	00:29:56	01:41:39

**Mansfield June 2006**

Pos		Swim 400m	Bike 18k	Run 5k	Total
1	Andy Terry (TFN Orca RT)	00:05:54	00:22:35	00:14:28	00:42:58
77	Steve Allen	00:08:54	00:25:52	00:19:55	00:54:43
117	Will Machin	00:08:30	00:28:50	00:19:55	00:56:42
119	David Myers	00:09:30	00:27:05	00:20:06	00:56:43

**Tri UK Shropshire June 2006**

Pos.		Swim 1500m	Bike 40k	Run 10k	Total
1	Paul Hawkins (Royles)	0:20:55	1:00:05	0:36:21	1:57:21
294	Jon Britton	0:24:08	1:10:08	0:48:14	2:22:30
52	Andy Rawley (Non BTA, 11th in Cat)	0:33:36	1:10:39	0:47:23	2:31:38
501	Wendy WATERS (7th in Cat)	0:31:17	1:20:45	0:52:20	2:44:22
550	Gerald Loudon	0:45:06	1:23:46	0:58:46	3:07:38
680	Peter Loudon	0:49:48	1:30:48	1:00:38	3:21:14

**Cheshire June 2006**

Pos		Swim 500m	Bike 20k	Run 5k	Total
1	Andy Brooks (Tri Preston)	00:06:22	00:33:31	00:18:25	00:58:18
10	Nick Riding	00:06:54	00:35:11	00:20:28	01:02:33
20	Jon Britton	00:07:52	00:37:34	00:19:43	01:05:09
71	David Myers	00:09:57	00:38:37	00:21:57	01:10:31
73	Phil Love	00:12:18	00:41:42	00:16:47	01:10:47
88	Paul Harbidge	00:08:08	00:39:59	00:23:35	01:11:42
115	Dave Molyneux	00:09:55	00:40:55	00:23:15	01:14:05
157	Mark Livingston	00:08:45			01:17:06
174	Donald Reid	00:09:43	00:43:28	00:24:36	01:17:47
36	Helen Thomson	00:09:54	00:44:33	00:25:12	01:19:39
259	Matthew Stead	00:12:00	00:44:02	00:27:35	01:23:37
260	Rhys Billington	00:10:26	00:45:24	00:27:47	01:23:37
308	Michael Jones	00:10:19	00:44:42	00:35:24	01:30:25
326	Nigel Barratt	00:09:15	00:47:58	00:36:48	01:34:01

**Bala Middle Distance June 2006**

Pos		Swim 2000m	Bike 78.5k	Run 21k	Total
1	Paul Mountford (Park International)	00:31:22	01:59:56	01:21:37	03:52:55
90	Fergus Wiseman	00:36:29	02:27:38	01:44:42	04:48:49
128	Richard Fontana	00:41:58	02:29:36	01:49:49	05:01:23
220	Neil Harrison	00:49:49	02:25:06	02:19:25	05:34:20

**Yarrow Valley Duathlon - Series**

## Yarrow Valley Duathlon 1, 26 March 2006

Pos		Run 2.5k	Bike 20k	Run 2.5k	Total
1	Mat Nuttall (Blackburn Harts)	0:09:27	0:38:12	0:09:53	0:57:37
12	Mark Livingstone	0:10:30	0:40:32	0:11:26	01:02:28

## Yarrow Valley Duathlon 2, 30 April 2006

Pos		Run 5k	Bike 20k	Run 2.5k	Total
1	Mark Russell (Bolton Metro Tri)	0:19:10	0:36:53	0:08:35	01:04:38
9	Mark Livingston	0:20:12	0:40:19	0:11:00	01:11:31
40	Wendy Waters (1st - F50)	0:26:23	0:51:39	0:14:04	01:32:05

## Yarrow Valley Duathlon 3, 28 May 2006

Pos		Run 5k	Bike 20k	Run 5k	Total
1	Garrie Prosser (trizilla.com)	0:19:07	0:36:45	0:19:54	01:15:46
4	Mark Livingston (series winner)	0:20:21	0:39:52	0:21:42	01:21:55
32	Wendy Waters (1st - F50)	0:27:32	0:51:34	0:29:59	01:49:05

**Stratford May 2006**

Pos		Swim 400m	Bike 23k	Run 5k	Total
1	Mark Racher (Unattached)	5.04	37.1	18.01	1.00.15
37	Jon Britton	5.54	42.15	19.24	1.07.33
145	Geoff Turton	7.23	44.1	22.01	1.13.34
147	Will Machin	7.24	45.25	20.53	1.13.42
228	David Myers	8.47	46.07	22.2	1.17.14
530	Michael Jones	9.07	50.06	33.11	1.32.24

**Harlech Tri May 2006**

Pos		Swim 400m	Bike 37km	Run 6.5km	Time
1	Paul Mountford (Parker International)	05:58	00:58:17	24:42:00	01:28:57
40	Carl Loftus	06:21	01:09:10	27:40:00	01:43:11
94	Andy Rawley	08:15	01:11:43	30:01:00	01:49:50
173	Brian Griffiths	08:09	01:17:08	35:24:00	02:00:41
206	Gerard Loudon	08:56	01:22:09	36:24:00	02:07:29
227	Peter Loudon	11:46	01:25:16	34:21:00	02:11:23

**Breukelen Olympic Tri May 2006**

Pos		Swim 1000m	Bike 40km	Run 10km	Time
1	Paul ten Brink (Bodegraven)	12:52	01:00:01	36:14:00	01:49:07
32	Huybert Groenendaal (Boulder)	16:14	01:08:59	39:13:00	02:04:26
37	Martijn Groenendaal	17:20	01:07:50	46:15:00	02:11:25

**Whitley 10k, April 2006**

Pos		Time
1	Mike Proudlove (City of Stoke)	32:27:00
23	Fergus Wiseman	39:17:00
67	Neil Adair	43:42:00
131	Gerard Loudon	47:21:00
134	Peter Loudon	47:25:00
167	Alison Lysons	49:00:00
258	Neil Harrison	54:42:00

**Chirk April 2006**

Pos		Swim 400m	Bike 24k	Run 5k	Total
1	Paul Hawkins	04:53	0:36:44	0:17:35	00:59:12
61	Carl Loftus	07:27	0:45:03	0:19:35	01:12:05
66	Andy Rawley	07:52	0:42:57	0:21:48	01:12:37
104	Geoff Turton	07:03	0:44:15	0:23:35	01:14:53
284	Mike Jones	08:37	0:51:02	0:35:18	01:34:57

**North West Duathlon Championships, April 2006**

Pos		Run 5k	Bike 20k	Run 5k	Total
1	Matt Cullen	16:20	34:24:00	18:01	01:08:45
28	Martijn Groenendaal	19:32	38:19:00	22:35	01:20:26